

Bad Treatment of Each Other is the New Pandemic

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Introduction: Inappropriate, problematic, or defiant student behavior is considered one of the most serious problems in modern school life [1-3]. In short, the fight against student misbehavior has become a central focus in schools around the world. In the extensive literature on this topic, several terms are used with overlapping meanings to denote roughly the same idea.

The aim of the study: To convey the idea that bad behavior towards each other, abortion problems [4,5], as well as the SARS-CoV-2 (COVID-19) pandemic [6-13], lead to burnout syndrome (emotional burnout) [14,15], Ion Membrane Distress Syndrome (Chronic Fatigue Syndrome/Myalgic Encephalomyelitis, CFS/ME) [16,17], and with consequences of deteriorating quality of life.

Material and methods: Articles from the Google Scholar database for the last 5 years (2021–2025) were analyzed, which mentioned words such as “bad behavior”, “quality of life”, “bullying” [18], “bullying in the workplace”.

Results: A quality of life model has been proposed that integrates objective and subjective indicators, a wide range of life domains, individual values and artificial intelligence [19]. There is broad agreement that quality of life is multidimensional. It can be divided into five categories: physical, material, social, and emotional well-being, as well as development and activity. Bullying affects a large number of children and

lays the foundation for long-term risk of psychological, physical, and psychosomatic consequences. Bullying is a common phenomenon among schoolchildren worldwide [20–22], and eradication is possible, respect for our history of medicine, with a dream for our future [23].

Conclusion: Bullying is the repeated psychological or physical harassment of a weaker person by a stronger one. Boys are bullied more often than girls, but boys and girls are affected at roughly equal rates. Workplace bullying is increasingly recognized as a serious problem in modern society, but it is also a problem that is difficult to define and accurately assess [24].

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